

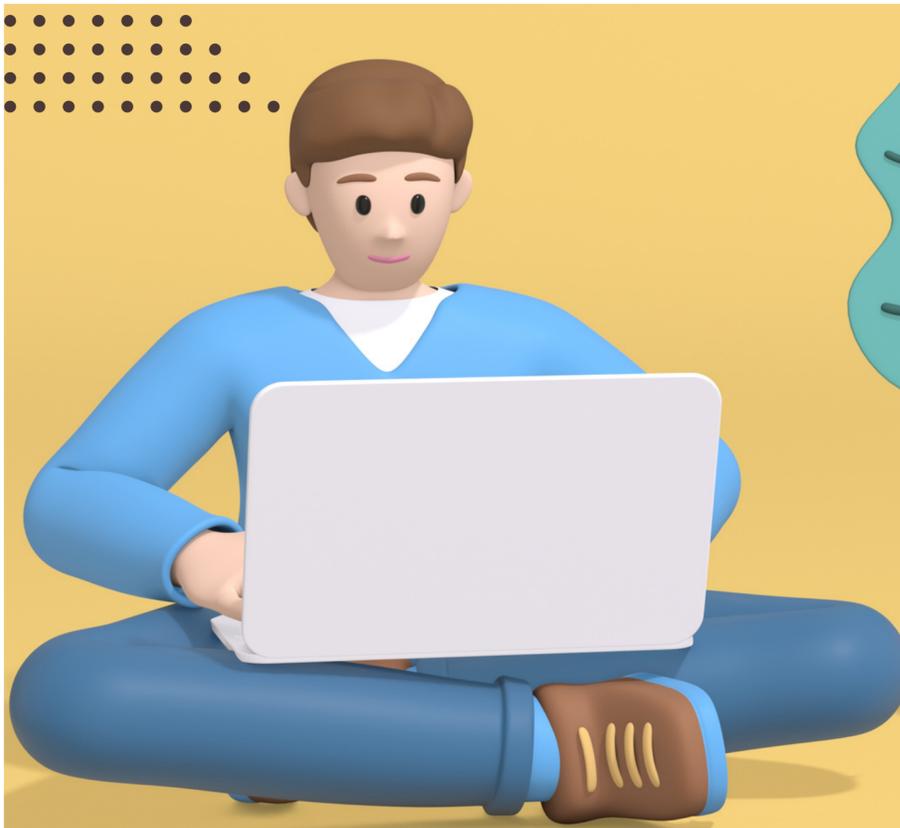
Telephone
Number

800-530-8666

Employee ID

E00736318

VIRTUAL VISITS POWERED BY MDLIVE®



Visit the MDLIVE website to register:
MDLIVE.com/BCBSTX You will need your medical
 identification number to sign up.
 Have your BCBSTX ID card on hand.

H&B 9.2022

Visit independently contracted MDLIVE board-certified doctors when you need care. Receive care for hundreds of medical and mental health needs from the comfort of home. They may help you treat non-emergency medical and pediatric health issues. You can also use MDLIVE to get prescriptions for birth control pills or to refill medications. Top conditions include:

- Allergies
- Ear Pain
- Pink Eye
- Acne
- Bronchitis
- Fever
- UTI (females 18+)
- Eczema
- Colds And Flu
- Migraines
- Sinus Infections
- Hives
- Mental Health
- AND MORE

When is a good time to use MDLIVE?

- Instead of going to the ER or urgent care for *non-emergency* visits or if your doctor is booked
- While at home, work or on-the-go

What is the cost to use MDLIVE?

Cost for the use of MDLIVE Virtual Visit service depends on your City of Laredo medical plan election and the type of visit (Medical, Therapist, Psychiatrist)

**not applicable on HMO plan*

MDLIVE®



24/7/365

Spend less time away from work and less money than in the ER or urgent care clinic.

MDLIVE®



A complete care team

Choose a provider from MDLIVE's network of licensed experienced family physicians, pediatricians and therapists.

MDLIVE®



Skip the Waiting Room

The wait time is typically 15 minutes or less to see an experienced, board certified doctor.

Traditional PPO Core

- \$25 co-pay per **MEDICAL** visit
- \$25 co-pay per Dermatologist session
- \$25 co-pay per Psychiatrist/Therapist session
- Co-pay may vary depending on doctor, specialist or session*

Consumer Driven Health Plan (CDHP)

- \$44 co-pay per **MEDICAL** visit
- co-pay may vary per Therapist session \$80/\$175
- co-pay may vary per Psychiatrist session \$80/\$175
- Co-pay may vary depending on doctor, specialist or session*

MDLIVE treats non-emergency medical issues. You should not use MDLIVE for medical EMERGENCIES. In an emergency, dial 911 right away. While MDLIVE is not meant to replace your primary care doctor, a virtual visit may sometimes substitute a doctors office visit.

For more
 information call:
MDLIVE
 1-888-680-8646



BlueCross BlueShield of Texas



VIRTUAL VISITS:

**Speak with a doctor —
anytime, anywhere**

Powered by
MDLIVE

Getting sick after hours or on weekends used to mean a lengthy, costly trip to the emergency room or urgent care center. But with your virtual visits benefit, provided by Blue Cross and Blue Shield of Texas (BCBSTX) and powered by MDLIVE, the doctor is in 24/7/365. And you don't have to leave the comfort of your own home.

Virtual visits allow you to consult a doctor for non-emergency situations by phone, mobile app or online video anytime, anywhere. Speak to a doctor or schedule an appointment at a time that works best for you.

With virtual visits, you get:

- 24/7 access to an independently contracted, board-certified doctor
- Access via online video, mobile app or telephone
- If necessary, e-prescription sent to your local pharmacy

Virtual visits doctors can treat a variety of health conditions, including:

- Allergies
- Asthma
- Cold/flu
- Ear problems (age 12+)
- Fever (age 3+)
- Nausea
- Pink eye
- Rash
- Sinus infections

Talk Therapy

Speak with a licensed counselor, therapist or psychiatrist for support with virtual visits, available by appointment. You can choose who you want to work with for issues such as anxiety, depression, trauma and loss or relationship problems.

Activate your account or schedule a virtual visit

- Go to Blue Access for MembersSM or MDLIVE.com/bcbstx.
- Download the MDLIVE app from Apple's App StoreSM or Google PlayTM.
- Call MDLIVE at **(888) 680-8646**.
- Text **BCBSTX** to **635-483**. (MDLIVE's online assistant Sophie will help you activate your account.)



Get connected today!

To register, you'll need to provide your BCBSTX member ID number.

Virtual visits may not be available on all plans. Non-emergency medical service in Idaho, Montana and New Mexico is limited to interactive audio/video (video only). Non-emergency medical service in Arkansas is limited to interactive audio/video (video only) for initial consultation.

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